

RYAN'S ARBUTUS BREADS COMPANY LTD.

OUR COMMITMENT

Sourdough Bread that has fed humanity for 4000 years.

We are committed to producing natural artisan products using traditional methods.

We are committed to product quality & customer satisfaction at
Ryan's Arbutus Breads Company Ltd.

All our products are produced using the finest natural ingredients and under strict food safety & quality management conditions to ensure that our products reach the customer in perfect condition.

All our products are fully traceable to source.

Arbutus Breads Product Book



Declan Ryan's Arbutus Breads Ltd.
Mayfield
Cork

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About Us

Declan Ryan started Arbutus Bread in 1999, after selling the Arbutus Lodge Hotel. Having always had an interest in bread and with retirement came time to bake, experiment and learn more about bread.

Learning from bakers in both San Francisco and France influences can be seen in the bread that we product today at Arbutus Bread. We bake a wide range of breads from yeast breads, sourdough loaves to traditional Irish soda along with French pastries.

Arbutus Bread now has international crew of 8 bakers coming from Ireland, Latvia, Hungary, Poland, Romania, South Korea.

The bakery is located in Mayfield, our team is hard working, passionate and dedicated to creating great bread.

We work through the night to ensure a fresh delivery of bread to your business.



Sourdoughs

Sourdough Bread that has fed humanity for 4000 years.



PRODUCT NAME

WHOLEMEAL SOURDOUGH



Product Description

A WHOLEMEAL SOURDOUGH ROUND LOAF MADE FROM A FRENCH TRADITION FLOUR THAT IS SPECIFICALLY DESIGNED TO WORK WITH SOURDOUGH & WHOLEMEAL

Product Attributes

Dense, intense flavour. Good Crust. Has a square cut pattern on crust.
No added sugar. Approximate Weight 900g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 Days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients

Water, Wheat Flour (**Wheat**), Brown Flour (**Wheat**), Sourdough(15%)(**Wheat**), Rye Flour (**Rye**), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**))

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	1004
Energy KCal	239
Fat	1.3g
Of which Saturated Fat	0.2g
Carbohydrates	48.4g
Of which Sugar	1.1g
Fibre	4.6g
Protein	8.2g
Salt	0.98g

PRODUCT NAME**Bulk Fermentation Wholemeal Sourdough****Allow 48 hours for delivery****Product Description**

A WHOLEMEAL SOURDOUGH ROUND LOAF MADE FROM A FRENCH TRADITION FLOUR THAT IS SPECIFICALLY DESIGNED TO WORK WITH SOURDOUGH & WHOLEMEAL

Product Attributes

Dense, intense flavour. Good Crust. Approximate Weight 800g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

**Best before 1 day
Use by 5 Days**

Is this Product**Suitable for Vegetarians (Ovo-lacto)****Yes****Suitable for Vegans****Yes****Available Par-Baked****No****Ingredients:**

Water, Wheat Flour (**Wheat**), Brown Flour (**Wheat**) Rye Flour (**Rye**), Sourdough(20%)(**Wheat**), Salt

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Nutrition Information

Typical Values	per 100g
Energy kJ	1379
Energy KCal	324
Fat	1.9g
Of which Saturated Fat	0.3g
Carbohydrates	66.6g
Of which Sugar	1.3g
Fibre	11.1g
Protein	14.3g
Salt	10.4g

CONTACT**Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820**

PRODUCT NAME

WHITE SOURDOUGH



Product Description

A WHITE SOURDOUGH ROUND LOAF MADE FROM A FRENCH TRADITIONAL FLOUR THAT IS SPECIFICALLY DESIGNED TO WORK WITH SOURDOUGH.

Product Attributes

Chewier and crustier than regular bread with small blisters on crust.
No sour flavour but more intense 'bready' flavour.
Has three distinctive slash cuts on crust. Approximate Weight 600g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 Days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients: Wheat Flour (**Wheat**), Water, Sourdough(15%) (**Wheat**), Rye Flour (**Rye**), Salt, Yeast, Fermenson Presitge (Water, **Wheat** Flour, Dextrose, Baker's Salt, Starter Culture (**Wheat**))

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	958
Energy KCal	229
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.7g
Of which Sugar	1.1g
Fibre	2g
Protein	6.8g
Salt	0.89g

PRODUCT NAME**WHITE SEEDED SOURDOUGH****Product Description**

A WHITE SOURDOUGH ROUND LOAF MADE FROM A FRENCH TRADITIONAL FLOUR THAT IS SPECIFICALLY DESIGNED TO WORK WITH SOURDOUGH.

Product Attributes

Chewier and crustier than regular bread with small blisters on crust. No sour flavour but more intense 'bready' flavour. Poppy, sesame & fennel seeds are added to the crust and three distinctive slash cuts on crust. Approximate Weight 600g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 Days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients: Wheat Flour (**Wheat**), Water, Sourdough(15%)(**Wheat**), Rye Flour (**Rye**), Salt, Yeast, Poppy Seed, **Sesame Seeds**, Fennel Seeds, Fermenson Presitge (Water, **Wheat** Flour, Dextrose, Baker's Salt, Starter Culture (**Wheat**)).

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If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	958
Energy KCal	229
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.7g
Of which Sugar	1.1g
Fibre	2g
Protein	6.8g
Salt	0.89g

PRODUCT NAME**Bulk Fermentation White Sourdough****ALLOW 48 HOURS FOR DELIVERY****Product Description**

A WHITE SOURDOUGH ROUND LOAF MADE FROM A FRENCH TRADITIONAL FLOUR THAT IS SPECIFICALLY DESIGNED TO WORK WITH SOURDOUGH.

Product Attributes

Chewier and crustier than regular sourdough. Strong sourdough flavour 900g

**Storage Information**

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 Days

Is this Product**Suitable for Vegetarians (Ovo-lacto)**

Yes

Suitable for Vegans

Yes

Available Par-Baked

No

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough(25%)(**Wheat**), Salt

Nutrition Information

Typical Values	per 100g
Energy kJ	918
Energy KCal	219
Fat	0.8g
Of which Saturated Fat	0.1g
Carbohydrates	44.7g
Of which Sugar	0.9g
Fibre	2g
Protein	6.5g
Salt	1.34g

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

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CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

PRODUCT NAME**RYE & SPELT SOURDOUGH****Product Description****A SOURDOUGH RYE LOAF****Product Attributes****A rich sour rye bread with a hard crust and intense flavour. Approximate Weight 600g****Storage Information****Store in a cool dry place away from direct sunlight.****Shelf Life****Best before 1 day
Use by 5 Days****Is this Product****Suitable for Vegetarians (Ovo-lacto)****Yes****Suitable for Vegans****Yes****Available Par-Baked****Yes****Ingredients: Spelt Flour(**Spelt**), Water, Rye Flour (**Rye**), Sourdough(12%) (**Rye**), Salt, Yeast, Colour: Ammonia Caramel****Nutrition Information**

Typical Values	per 100g
Energy kJ	879
Energy KCal	210
Fat	0.8g
Of which Saturated Fat	0.1g
Carbohydrates	42.5g
Of which Sugar	1g
Fibre	1.9g
Protein	6.7g
Salt	1.01g

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CONTACT**Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820**

PRODUCT NAME**MULTI-SEED LOAF****Product Description**

A MULTI-SEED LOAF PREDOMINANTLY SOURDOUGH WITH A TOUCH OF RYE FLOUR (also available in a pan for sandwiches)

Product Attributes

Crunchy texture, with a nutty flavour
Approximate Weight 600g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 Days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough(11%)(**Wheat**), Rye Flour (**Rye**), Seed Mix (5%)(**Kibbled Wheat**, Linseed, Sunflower, Millet), Salt, Yeast, Fermenson Presitge (Water, **Wheat** Flour, Dextrose, Baker's Salt, Starter Culture (**Wheat**))

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Nutrition Information

Typical Values	per 100g
Energy kJ	1004
Energy KCal	240
Fat	2.2g
Of which Saturated Fat	0.3g
Carbohydrates	46.2g
Of which Sugar	1.1g
Fibre	1.9g
Protein	7.2g
Salt	0.83g

SODAS



PRODUCT NAME**BROWN SODA CAKE****Product Description****A TRADITIONAL WEST CORK RECIPE SODA BREAD****Product Attributes**

**A nutritious wholesome bread with a dense texture and distinctive nutty & sweet flavour.
No added sugar.**

Approximate Weight**1.4kg****Storage Information**

Store in a cool dry place away from direct sunlight.

Shelf Life

**Best before 1 day
Use by 5 Days**

Is this Product**Suitable for Vegetarians (Ovo-lacto)****Yes****Suitable for Vegans****No****Available Par-Baked****No****Ingredients:**

Buttermilk (**Milk**), Wholemeal Flour (**Wheat**), Wheat Flour (**Wheat**), Oatmeal (**Oats**), **Egg**, Sunflower Oil, Cream(**Milk**), Cream Of Tartar (Emulsifier:E450a; **Wheat** Flour, Salt), Raising Agent: Sodium Bicarbonate; Salt

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If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	911
Energy KCal	216
Fat	5.1g
Of which Saturated Fat	1.4g
Carbohydrates	36g
Of which Sugar	3.2g
Fibre	3.4g
Protein	6.4g
Salt	1.31g

CONTACT**Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820**

PRODUCT NAME

SODA PAN LOAF



Product Description

A TRADITIONAL WEST CORK RECIPE SODA BREAD

Product Attributes

A nutritious wholesome bread with a dense texture and distinctive nutty & sweet flavour.
No added sugar.

Approximate Weight

850g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 Days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

No

Ingredients:

Buttermilk (**Milk**), Wholemeal Flour (**Wheat**), Wheat Flour (**Wheat**), Oatmeal (**Oats**), **Egg**, Sunflower Oil, Cream(**Milk**), Cream Of Tartar (Emulsifier:E450a; **Wheat** Flour, Salt), Raising Agent: Sodium Bicarbonate; Salt

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Nutrition Information

Typical Values	per 100g
Energy kJ	911
Energy KCal	216
Fat	5.1g
Of which Saturated Fat	1.4g
Carbohydrates	36g
Of which Sugar	3.2g
Fibre	3.4g
Protein	6.4g
Salt	1.31g

French Pastries



PRODUCT NAME

BUTTER CROISSANT

Product Description



CROISSANT

Product Attributes

Made with 100% real unsalted butter. No vegetable fats or trans fats are used.
Delicious flaky crust & fluffy buttery centre.

Approximate Weight

65g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

No

Ingredients:

Wheat Flour (**Wheat**), Water, Dry Butter(**Milk**), **Milk**, Sugar, Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)), **Egg** Wash.

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Nutrition Information

Typical Values	per 100g
Energy kJ	2325
Energy KCal	560
Fat	35.5g
Of which Saturated Fat	22.4g
Carbohydrates	51.6g
Of which Sugar	7.8g
Fibre	2g
Protein	7.1g
Salt	1.08g

PRODUCT NAME

CHOCOLATINE/PAIN AU CHOCOLATE

Product Description

pain au chocolate

Product Attributes

Made with 100% real butter. No vegetable fats or trans fats are used.
Contains the finest French Chocolate

Approximate Weight

75g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

No

Ingredients:

Wheat Flour (**Wheat**), Water, Dry Butter(**Milk**), **Milk**, Sugar, Chocolate (9%)(Sugar, Dextrose, Cocoa Mass, Cocoa Butter, Emulsifier: sunflower Lecithin, Natural Vanilla Extract),Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)), **Egg Wash**.

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Nutrition Information

Typical Values	per 100g
Energy kJ	2206
Energy KCal	532
Fat	34.8g
Of which Saturated Fat	21.9g
Carbohydrates	46.8g
Of which Sugar	9.3g
Fibre	2.8g
Protein	6.8g
Salt	0.1g

PRODUCT NAME

PAIN AU RAISIN (DANISH)



PAIN AU RAISIN (DANISH PASTRY)

Product Description

Product Attributes

Made with 100% real butter. No vegetable fats or trans fats are used in the pastry.
Contains the finest sun-dried Turkish sultanas

Approximate Weight

75g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

No

Ingredients: Wheat Flour (**Wheat**), Water, Dry Butter(**Milk**), **Milk**, Sugar, Raisins, Custard (Sugar, Modified Starch, **Milk** Protein, Dextrose, Vegetable Fat (Coconut, Palm), Thickener: E401; Starch Syrup, Emulsifier: E472b; Flavour, Colours: E160b, E101), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)), **Egg** Wash.

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Nutrition Information

Typical Values	per 100g
Energy kJ	2068
Energy KCal	496
Fat	19.6g
Of which Saturated Fat	12.5g
Carbohydrates	71.3g
Of which Sugar	37.8g
Fibre	1.5g
Protein	5.1g
Salt	0.55g

CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

SOMETHING SWEET



PRODUCT NAME

BRIOCHE



Product Description

A CLASSIC FRENCH BRIOCHE

Product Attributes

This is a pale yellow and richly flavoured, the recipe we use was a winning part of the bakers world cup in 1996

Approximate Weight

440g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use By 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

No

Ingredients:

Wheat Flour (**Wheat**), Egg, Butter (**Milk**), **Milk**, Sugar, Yeast, Salt

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Nutrition Information

Typical Values	per 100g
Energy kJ	1406
Energy KCal	335
Fat	5.6g
Of which Saturated Fat	2.1g
Carbohydrates	59.5g
Of which Sugar	13.4g
Fibre	2.1g
Protein	10.6g
Salt	0.75g

CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

PRODUCT NAME

ALMOND & SAFFRON TWIST

Product Description

A RICH YEASTY LOAF WITH A SAFFRON AND ALMOND MACROON FILLING

Product Attributes

A loaf designed to be enjoyed with a cup of tea.

Approximate Weight

450g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use By 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

No

Ingredients:

Wheat Flour (**Wheat**), Egg, Butter (**Milk**), Milk, Sugar, Icing sugar, **Almonds** (14%), Yeast, Salt, Saffron

Nutrition Information

Typical Values	per 100g
Energy kJ	1545
Energy KCal	369
Fat	12.2g
Of which Saturated Fat	2.2g
Carbohydrates	53.7g
Of which Sugar	16g
Fibre	3.2g
Protein	11.7g
Salt	0.59g

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CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

Baguettes



PRODUCT NAME

CLASSIC BAGUETTE

Product Description

CLASSIC BAGUETTE MADE FROM FRENCH TRADITION FLOUR

Product Attributes

A crispy crust with a light airy centre

Approximate Weight

500g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough (**Wheat**), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

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If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	965
Energy KCal	230
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.9g
Of which Sugar	1g
Fibre	2.1g
Protein	6.9g
Salt	0.89g

CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

PRODUCT NAME

OLIVE BAGUETTE

Product Description

A CLASSIC HALF BAGUETTE FLECKED WITH STONED BLACK OLIVES

Product Attributes

Slightly savoury and salty from the olives

Approximate Weight

350g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use By 5 day

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough (**Wheat**), Pitted Olives(8%), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

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If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	1144
Energy KCal	273
Fat	2.4g
Of which Saturated Fat	0.4g
Carbohydrates	53g
Of which Sugar	1.1g
Fibre	2.3g
Protein	8g
Salt	1.86g

PRODUCT NAME

BLACK SESAME AND ONION SEED BAGUETTE



Product Description

A CLASSIC HALF BAGUETTE WITH BLACK SESAME SEEDS AND BLACK ONION SEEDS

Product Attributes

AN AROMATIC BREAD WITH TWO SEEDS CONSIDERED HEALTHY AROUND THE WORLD

Approximate Weight

350g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use By 5 day

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough(**Wheat**), Black Onion Seeds(3%), **Sesame Seeds**(3%), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

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If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	1298
Energy KCal	310
Fat	3.4g
Of which Saturated Fat	0.4g
Carbohydrates	59g
Of which Sugar	1.2g
Fibre	4.4g
Protein	9.6g
Salt	0.98g

PRODUCT NAME

SEEDED BAGUETTE

Product Description

CLASSIC BAGUETTE MADE FROM FRENCH TRADITION FLOUR TOPPED WITH A SEED MIX

Product Attributes

A crispy crust with a light airy centre

Approximate Weight

500g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough(**Wheat**), Salt, Yeast, Poppy Seeds, **Sesame Seeds**, Fennel Seeds, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

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If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	965
Energy KCal	230
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.9g
Of which Sugar	1g
Fibre	2.1g
Protein	6.9g
Salt	0.89g

PRODUCT NAME

OLD FASHIONED BAGUETTE (BAGUETTE A L'ANCIENNE)

Product Description

A CRUSTY BAGUETTE WITH A HINT OF RYE SOURDOUGH

Product Attributes

An old fashioned flavour, crustier than a regular baguette know in France as a Baguette a L'Ancienne

Approximate Weight

500g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough (**Wheat**), Spelt Flour (**Spelt**), Rye Flour (**Rye**), Salt, Yeast, Colour: Ammonia Caramel, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	1012
Energy KCal	241
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	49.1g
Of which Sugar	1.1g
Fibre	2.2g
Protein	7.4g
Salt	0.97g

PRODUCT NAME

BAGUETTE WITH OATMEAL



Product Description

A CRUSTY BAGUETTE

Product Attributes

Full flavoured baguette with a biscuit oatmeal character

Approximate Weight

500g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough(**Wheat**), Oatmeal(9%)(**Oats**), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	1031
Energy KCal	246
Fat	1.6g
Of which Saturated Fat	0.3g
Carbohydrates	48.4g
Of which Sugar	1g
Fibre	2.7g
Protein	7.4g
Salt	0.95g

CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

PRODUCT NAME

ARBUTUS BIGGIE

Product Description

AN EXTRA LARGE WHITE YEAST LOAF, 6 LOAVES IN ONE (also available in Half Size)

Product Attributes

Ideal for slicing for sandwiches. Crustier & chewier than our regular bread with terrific flavour.

Approximate Weight

3000g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour(**Wheat**), Water, Sourdough(**Wheat**), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	965
Energy KCal	230
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.9g
Of which Sugar	1g
Fibre	2.1g
Protein	6.9g
Salt	0.89g

CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

PRODUCT NAME

PAVÉ/Ciabatta



Product Description

A SOFT CRUSTED SAVOURY BREAD

Product Attributes

Large holes the perfect match for crostini, bruschetta and dipping bread.

Approximate Weight 200g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)	Yes
Suitable for Vegans	Yes
Available Par-Baked	Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough (**Wheat**), Salt, Yeast, Extra Virgin Olive Oil, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	1007
Energy KCal	240
Fat	1.2g
Of which Saturated Fat	0.2g
Carbohydrates	48.4g
Of which Sugar	1g
Fibre	2.1g
Protein	7.2g
Salt	1.06g

PRODUCT NAME

CORK BEER BREAD



Product Description

LIGHT BROWN BREAD WITH A DARK CHEWY CRUST

Product Attributes

Made using stout from the Rising Sons brewery in Cork. Full flavoured & crusty with a light centre.. Very versatile

Approximate Weight

550g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough (**Wheat**), Rye Flour (**Rye**), Craft Beer (5%)(**Barley**), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	967
Energy KCal	231
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.6g
Of which Sugar	1.2g
Fibre	2g
Protein	7g
Salt	1.05g

CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

Yeast Pans & Ducks



PRODUCT NAME

BROWN YEAST PAN

Product Description



A MALTED BROWN LOAF

Product Attributes

A moist, open texture with a slightly malty nutty flavour.

Designed for the health conscious individual

Also available in a Double Pan

Approximate Weight

800g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day

Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

No

Ingredients:

Water, Brown Flour (**Wheat**), Wheat Flour (**Wheat**), Wholemeal Wheat Flour (**Wheat**), Salt, Yeast, Barley Malt Extract (**Barley**), **Sesame Seeds**.

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	970
Energy KCal	229
Fat	1.3g
Of which Saturated Fat	0.2g
Carbohydrates	46.9g
Of which Sugar	1.4g
Fibre	5.6g
Protein	8.8g
Salt	1.08g

PRODUCT NAME

TRADITIONAL WHITE DUCK

Product Description

A CRUSTY WHITE YEAST BREAD LOAF

Product Attributes

Characterised by its distinctive deep cuts on the crust. Dusted with rye flour.

Approximate Weight

550g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough (**Wheat**), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	965
Energy KCal	230
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.9g
Of which Sugar	1g
Fibre	2.1g
Protein	6.9g
Salt	0.89g

PRODUCT NAME

TRADITIONAL WHITE DUCK - SEEDED

Product Description



CRUSTY WHITE YEAST BREAD LOAF TOPPED WITH SESAME SEEDS

Product Attributes

Characterised by its distinctive deep cuts on the crust.

Approximate Weight

550g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough(**Wheat**), Salt, Yeast, **Sesame Seeds**, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	965
Energy KCal	230
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.9g
Of which Sugar	1g
Fibre	2.1g
Protein	6.9g
Salt	0.89g

PRODUCT NAME

PARTY BREAD

Product Description



8 SEEDED WHITE ROLLS IN A FLOWER SHAPE

Product Attributes

A delicious combination of seeded rolls. Topped with sesame seeds, poppy seeds, sunflower seeds, fennel seeds, cracked wholemeal wheat.. Ideal for parties.

Approximate Weight

440g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough(**Wheat**), Salt, Yeast, Poppy seeds, Sunflower seeds, Fennel seeds, Wholemeal flour (**Wheat**), **Sesame Seeds**, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	965
Energy KCal	230
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.9g
Of which Sugar	1g
Fibre	2.1g
Protein	6.9g
Salt	0.89g

PRODUCT NAME

DOUBLE WHITE PAN

Product Description



WHITE YEAST BREAD LOAF

Product Attributes

Ideal for slicing for sandwiches. Crustier & chewier than regular bread.
Available in Double Pan plain or with sesame seeds

Approximate Weight

1200g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

No

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough(**Wheat**), Salt, Yeast, **Sesame Seeds**, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	965
Energy KCal	230
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.9g
Of which Sugar	1g
Fibre	2.1g
Protein	6.9g
Salt	0.89g

PRODUCT NAME

WHOLEMEAL SPELT LOAF

Product Description

WHEAT-FREE WHOLEMEAL SPELT LOAF (also available in Double for sandwiches)

Product Attributes

Wheat Free. Designed for health conscious individuals. Has a higher nutritional value than our wheat based breads. Has a lower gluten content than wheat based breads. No added sugar.

Approximate Weight

800g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 Days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

yes

Suitable for Vegans

yes

Available Par-Baked

No

Ingredients:

Water, Brown Spelt Flour(**Spelt**), Spelt Flour (**Spelt**), Salt, Yeast, Barley Malt Extract (**Barley**), **Sesame seeds**, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	1015
Energy KCal	242
Fat	1.8g
Of which Saturated Fat	0.2g
Carbohydrates	45.3g
Of which Sugar	1g
Fibre	4.3g
Protein	8.7g
Salt	1.18g

For Cheese Lovers



PRODUCT NAME

MEDIEVAL LOAF



Product Description

WHOLEMEAL SOURDOUGH FILLED WITH NUTS AND DRIED FRUITS

Product Attributes

Delicious with a fresh goats cheese or other cheeses or superb on it's own

Approximate Weight

420g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

Yes

Available Par-Baked

Yes

Ingredients:

Water, Wheat Flour (**Wheat**), Brown Flour(**Wheat**), Sourdough(**Wheat**), Rye Flour (**Rye**), Figs, Dates, **Hazelnuts, Almonds, Walnuts**, Apple Syrup, Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	1726
Energy KCal	412
Fat	21.3g
Of which Saturated Fat	1.7g
Carbohydrates	48.5g
Of which Sugar	27.2g
Fibre	7.7g
Protein	9.9g
Salt	0.17g

CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

And The Rest From Arbutus



PRODUCT NAME

HUGUENOT ROLL / BAP



Product Description

OUR VERSION OF THE HUGUENOT ROLL

Product Attributes

A soft flavoursome roll also available in the “Hot Dog” Shape. Regular or Large

Approximate Weight

100g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

No

Ingredients:

Wheat flour (**Wheat**), Water, Sourdough (**Wheat**), Rye Flour (**Rye**), Butter (**Milk**) Sugar, Yeast, salt, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	965
Energy KCal	230
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.9g
Of which Sugar	1g
Fibre	2.1g
Protein	6.9g
Salt	0.89g

PRODUCT NAME

TOMATO & HERB BREAD



A TOMATO & HERB LOAF

Product Description

Product Attributes

A delicious white yeast loaf with crème fraîche, fresh vine tomatoes, fresh basil leaves, thyme, a drizzle of Extra Virgin Olive Oil and a sprinkle of Maldon sea salt

Approximate Weight

540g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

Yes

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough(**Wheat**), Salt, Yeast, Crème Fraiche (**Milk**), Tomato, Basil, Thyme, Extra Virgin Olive Oil, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

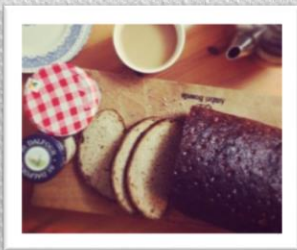
Nutrition Information

Typical Values	per 100g
Energy kJ	960
Energy KCal	225
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.9g
Of which Sugar	1g
Fibre	2.1g
Protein	6.9g
Salt	0.89g

PRODUCT NAME

LATVIAN (SWEET & SOUR) LOAF

Product Description



TRADITIONAL LATVIAN BREAD MADE WITH RYE FLOUR AND CARAWAY SEEDS

Product Attributes

Product Attributes

A long lasting moist loaf with caraway seeds

Approximate Weight

800/850g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

Yes

Ingredients:

Water, Spelt Flour (**Spelt**), Rye Flour (**Rye**), Buttermilk (**Milk**), Salt, Caraway Seed(1%), Barley Malt Extract (**Barley**)

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	640
Energy KCal	153
Fat	0.7g
Of which Saturated Fat	0.1g
Carbohydrates	30.3g
Of which Sugar	0.9g
Fibre	1.8g
Protein	5.4g
Salt	0.88g

PRODUCT NAME

LATVIAN (Rye & Carrot) LOAF

Product Description



TRADITIONAL LATVIAN BREAD MADE WITH RYE FLOUR AND CARROTS

Product Attributes

Product Attributes

A long lasting moist loaf with grated carrots

Approximate Weight

800/850g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

Yes

Ingredients:

Water, Spelt Flour (**Spelt**), Rye Flour (**Rye**), Buttermilk (**Milk**), Carrots(4%), Salt, Barley Malt Extract (**Barley**).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	617
Energy KCal	147
Fat	0.6g
Of which Saturated Fat	0.1g
Carbohydrates	29.3g
Of which Sugar	1.1g
Fibre	1.5g
Protein	5.1g
Salt	0.86g

CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

PRODUCT NAME

TURKISH PIDE



Product Description

A FLAT SOFT ROUND BREAD

Product Attributes

Ideal for tearing and sharing

Approximate Weight

500g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

No

Ingredients:

Wheat flour (**Wheat**), Water, Sourdough (**Wheat**), Rye Flour (**Rye**), Butter (**Milk**) Sugar, Yeast, Black Onion Seed, **Sesame Seeds**, Salt, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	965
Energy KCal	230
Fat	0.9g
Of which Saturated Fat	0.1g
Carbohydrates	46.9g
Of which Sugar	1g
Fibre	2.1g
Protein	6.9g
Salt	0.89g

CONTACT

Ryan's Arbutus Breads Company Ltd. Mayfield. Tel: 021-4505820

PRODUCT NAME

Stollen



Product Description

An enriched yeast bread with cranberries and pecans, an almond filling and dusted with icing sugar.

Product Attributes

Stollen is a traditional German bread usually eaten during the Christmas period.

Approximate Weight

500g

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Is this Product

Suitable for Vegetarians (Ovo-lacto)

Yes

Suitable for Vegans

No

Available Par-Baked

No

Ingredients:

Wheat flour (**Wheat**), Sugar, Butter (**Milk**), **Milk**, Cranberries, **Pecans**, Mixed spice, Salt, Brandy, Almond filling(**Almonds**, **Egg Whites**, Icing Sugar)

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Nutrition Information

Typical Values	per 100g
Energy kJ	1447
Energy KCal	346
Fat	11.3g
Of which Saturated Fat	3.6g
Carbohydrates	55.3g
Of which Sugar	33.9g
Fibre	1.6g
Protein	7.0g
Salt	0.1g

Plain Bagel



Our version of a bagel, soft & flavoursome, also available in “hot dog” shape or regular/large bap

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Ingredients:

Wheat flour (**Wheat**), Water, Sourdough (**Wheat**), Rye Flour (**Rye**), Butter (**Milk**), Sugar, Yeast, salt, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**))

Seeded Bagel



Our version of a seeded bagel, soft & flavoursome, also available in “hot dog” shape or regular/large bap

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Ingredients:

Wheat flour (**Wheat**), Water, Sourdough (**Wheat**), Rye Flour (**Rye**), Butter (**Milk**), Sugar, Yeast, salt, **Sesame Seeds, Black Sesame seeds**, Nigella Seeds, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Apricot Pastry



Made with 100% real unsalted butter. No vegetable fats or trans fats are used in the pastry. Delicious flaky crust with an apricot and custard filling.

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Ingredients:

Wheat Flour (**Wheat**), Water, Dry Butter(**Milk**), **Milk**, Sugar, Apricot, Custard (Sugar, Modified Starch, **Milk** Protein, Dextrose, Vegetable Fat (Coconut, Palm), Thickener: E401; Starch Syrup, Emulsifier: E472b; Flavour, Colours: E160b, E101), Glaze (Sugar, Water, Glucose-Fructose Syrup, Apricot Puree (9%), Pectin E440, Sodium Alginate, E401, Citric Acid E330, Flavouring, Preservative: Potassium Sorbate E202, Colour: Sunset Yellow FCF), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)), **Egg** Wash.

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Cinnamon Roll



Made with 100% real unsalted butter. No vegetable or trans fats are used in the pastry. Delicious flaky pastry with cinnamon & a sweet glaze.

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Ingredients:

Wheat Flour (**Wheat**), Water, Dry Butter(**Milk**), **Milk**, Sugar, Custard (Sugar, Modified Starch, **Milk** Protein, Dextrose, Vegetable Fat (Coconut, Palm), Thickener: E401; Starch Syrup, Emulsifier: E472b; Flavour, Colours: E160b, E101), Cinnamon, Glaze (Sugar, Water, Glucose-Fructose Syrup, Apricot Puree (9%), Pectin E440, Sodium Alginate, E401, Citric Acid E330, Flavouring, Preservative: Potassium Sorbate E202, Colour: Sunset Yellow FCF), Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)), **Egg** Wash.

Almond Croissant



Made with 100% real unsalted butter. No vegetable fats or trans fats are used. Delicious flaky crust with a distinctive almond filling

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Ingredients:

Wheat Flour (**Wheat**), Water, Dry Butter (**Milk**), **Milk**, Ground **Almonds**, Sugar, **Egg**, Salt, Yeast, Flaked **Almonds**, **Egg** Wash, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Nutmeg Bun



A soft flavoursome roll with nutmeg and Sesame seeds.

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Ingredients:

Wheat flour (**Wheat**), Water, Sourdough (**Wheat**), Rye Flour (**Rye**), Butter (**Milk**) Sugar, Yeast, **Sesame Seeds**, Nutmeg, Salt, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Mini Arriabata



A soft, flavoursome white yeast roll, arriabata sauce, topped with cheddar.

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough (**Wheat**), sundried tomatoes, Cheese (**Milk**), Olive Oil, Garlic, Herbs de Provence, Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Within the Bakery we make a large variety of products. While we follow strict Food Safety guidelines unfortunately, we cannot guarantee any product is free from allergens due to the potential cross contamination risks from product, people and the environment.

If you have any concerns on ingredients please contact the bakery

Mini Pesto



A soft, flavoursome white yeast roll, basil pesto, topped with cheddar.

Storage Information

Store in a cool dry place away from direct sunlight.

Shelf Life

Best before 1 day
Use by 5 days

Ingredients:

Wheat Flour (**Wheat**), Water, Sourdough (**Wheat**), Basil, Cheese (**Milk**) Olive Oil, **Pine Nuts**, Garlic, Herbs de Provence, Salt, Yeast, Melior Plus Precuit (Vital **Wheat** Gluten, **Wheat** Flour, Emulsifier: E472e (rapeseed), Flour Treatment Agent: Ascorbic Acid, Enzyme: Glucose Oxydase (**Wheat**)).

Ordering

If you would like some more information on our Artisan Bread you can contact us on 021-4505820.

If we are not at the bakery please leave a message and we will return your call.

*Minimum Orders Apply for Delivery

Odaios Foods handle national distribution for the rest of Ireland

Tele: 01 469 1455